

Tour de France Route 2009



Day	Date	Stage	Start	Finish	Region/Note	km	EuroCycler France Trip
Saturday	04/07/2009	1	Monaco	Prologue	Cote d'Azur	15	
Sunday	05/07/2009	2	Monaco	Brignoles	South of France, flat	182	
Monday	06/07/2009	3	Marseille	La Grande-Motte	South of France, flat	196	
Tuesday	07/07/2009	4	Montpellier	Montpellier	<i>Team Time Trial</i>	38	
Wednesday	08/07/2009	5	Le Cap d'Agde	Perpignan	South of France, flat	197	
Thursday	09/07/2009	6	Gerona	Barcelona	Spain, flat	175	
Friday	10/07/2009	7	Barcelona	Andorra	Pyrenees	224	
Saturday	11/07/2009	8	Andorra	St. Giron	Pyrenees	176	
Sunday	12/07/2009	9	St. Gaudens	Tarbes	Pyrenees	160	
Monday	13/07/2009				rest day		
Tuesday	14/07/2009	10	Limoges	Issoudun	flat	193	
Wednesday	15/07/2009	11	Vatan	St. Fargeau	flat	192	
Thursday	16/07/2009	12	Tonnerre	Vittel	flat	200	Guest arrival
Friday	17/07/2009	13	Colmar	Colmar	hilly	200	Ride 1 ride portions of time trial from Thursday - Col de Leschau
Saturday	18/07/2009	14	Colmar	Besancon	flat	199	Ride 2 ride portions of time trial from Thursday, plus sections of previous stages - Col de la Croix-Fr
Sunday	19/07/2009	15	Pontarlier	Verbier	Alps, Switzerland	207	Ride 3 just climb all day, it's been part of many Tours - Col de la Madeleine
Monday	20/07/2009				rest day		Ride 4 easy start, then climb 21 Switchbacks as your time trial - Alpe d'Huez
Tuesday	21/07/2009	16	Martigny	Bourg St. Maurice	Alps, Switzerland/Italy/France	160	Ride 5 ride portions of 2008 stage, view race arrival - Cormet de Roselend to Bourg St. Maurice (or recovery ride around lake
Wednesday	22/07/2009	17	Bourg St. Maurice	Le Grand Bornard	Alps	169	Ride 6 ride portions of that 2009 stage / view racers - Col de Saisies
Thursday	23/07/2009	18	Annecy	Annecy	<i>Individual Time Trial around Lake</i>	40	Ride 7 viewing from our base location - Talloires. Optional morning ride up the grueling Col de la Forclaz (Tour 2004) from Talloire
Friday	24/07/2009	19	Bourgnoin Jallieu	Aubenans	flat	195	Guest departure
Saturday	25/07/2009	20	Montelimar	Mont Ventoux	Mountains	167	
Sunday	26/07/2009	21	Monterau	Paris	flat	160	
Total distance km						3,445	